

Please Schedule your New Portrait for the Updated Physicians Directory

We are redoing this highly utilized tool for the first time since 2005. All photos need to be retaken. By October 21, please be prepared to schedule a 15-minute session to have your photo taken the weeks of October 27 and November 3.

Jennifer Sanchez, from Physician Relations Department will call you starting October 21 to schedule an appointment. Images will be used in an updated Physicians Directory scheduled for completion by December.

The photo studio will be set up in the Pavilion building at Stevens Hospital campus. Go to the basement level, mammography records, of the Pavilion building.

Your image will reproduce well across a wide range of media if you avoid solid white or black clothes.



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Important News from the Board of Commissioners

On Wednesday, September 24, the Stevens Board of Commissioners took an important step towards securing our future thereby enabling us to continue to fulfill our mission: To Improve the health and well-being of the community through local, high quality and compassionate healthcare services.

Specifically, through Resolution 2008-12, the Commissioners have authorized me to enter into exclusive negotiations with Swedish Health Services for the purpose of developing one or more service line ventures. The specifics of this new agreement will be worked out over the next 3 to 6 months. Commissioners Deana Knutsen and Fred Langer will join me at the negotiating table representing our hospital, as well as Dr. Rosenshein, Marc and Dr. Sinnett, Michelle. The full Board of Commissioners will be briefed monthly (in executive session) on our progress.

Michael C. Carter
President and CEO

Physicians Encouraged to Complete Survey

On September 4, 2008 Press Ganey & Associates mailed out the first Stevens Hospital physician satisfaction survey to our Medical Staff. As of October 7, our

very impressive response rate was 55%. Press Ganey has informed us that this rate is far above the national average, however we would like to surpass all standards by getting 80% of our medical staff physicians to participate. The survey questions are a mix of Press Ganey standards and those developed by our Physician Relations and Development Department to result in consequential information to help with physician/hospital communications and the future at Stevens. Survey submission is open until October 20 and can be accessed by going online to <https://survey.pressganey.com> using your assigned PIN or simply mailing in the written survey received in early September.

If you need your PIN or help with the survey, please call Jennifer Sanchez in Physician Relations at 425.640.4645. Press Ganey will raffle a 32" flat screen TV to one of the surveyed physicians in a drawing on October 21, and it will be announced at the Annual Medical Staff meeting. Please encourage your colleagues to fill out the survey. We look forward to using the results as meaningful input into the hospital's operations and direction for the future.

Thank you for the time spent on filling out the survey!
Physician Relations and Development Department.

Do Good Classic

The Stevens Foundation would like to thank all the physicians, practices, vendors, staff and guests who made the 2008 Do Good Golf Classic dinner and tournament a success. We were able to raise over \$58,000 to benefit Cardiac Services at Stevens Hospital.

This year's festivities kicked off with the sold-out Do Good Dinner. 180 guests attended. The evening began with wine tasting, a game of *Pitch the Cork* and a chance to enter a drawing for a pair of Diamond Earrings valued at over \$11,000. The dinner program included a tribute to Anne and Ole Sola, a discussion by Dr. Jim Pautz on the state of Cardiac Services at Stevens, and a visit from the legendary Graham Kerr.

The next day 120 golfers were treated to a fantastic day of sun and golf. The cost of the event included: a barbeque lunch, a sleeve of golf balls, a golf towel, an iPod shuffle, plenty of games, cash prizes and a delicious 19th Hole Awards Banquet. The winning team of Mark Trumper, Harry Beresford, Chris Lana, and Per Fjortoft each took home cash prizes of \$200 and one dozen golf balls.

Please consider joining us next year for the 3rd Annual Do Good Classic!



Stevens Hospital Becomes First Hospital in Washington State to Earn Gold Performance Achievement Award

Stevens Hospital recently earned the Coronary Artery Disease Gold Performance Achievement Award from the American Heart Association's Get with the Guidelines program. The award recognizes Stevens Hospital's commitment and success in implementing a higher standard of cardiac care that effectively improves treatment of patients hospitalized with coronary artery disease.

As the first hospital in Washington state to receive this award, Stevens Hospital demonstrated for 24 consecutive months that at least 85 percent of its eligible coronary patients (without contraindications) are discharged following the American Heart Association's recommended treatment guidelines. Under the association's program, patients are started on aggressive risk reduction therapies such as cholesterol-lowering drugs, aspirin, ACE inhibitors and beta-blockers in the hospital and receive smoking cessation/weight management counseling as well as referrals for cardiac rehabilitation before they are discharged.

"Stevens Hospital is dedicated to

making our cardiac unit among the best in the country, and the American Heart Association's Get with the Guidelines program is helping us accomplish that by making it easier for our professionals to improve the long-term outcomes of our cardiac patients," said Dr. Robert Mito M.D., cardiologist at Stevens Hospital. "We are pleased to be recognized for our dedication and achievements in cardiac care."

"The American Heart Association applauds Stevens Hospital for its success in implementing the appropriate evidence-based care and protocols to reduce the number of recurrent events and deaths in cardiovascular disease patients," said Gregg C. Fonarow, M.D., National Chairman of the Get with the Guidelines Steering Committee and Director of Ahmanson-UCLA Cardiomyopathy Center. "Stevens Hospital has achieved a high level of performance in terms of implementing these life-prolonging treatments."

Stevens Food Service "Goes Green"

In an effort to decrease our "trash footprint", Stevens is now participating in a program with Cedar Grove

Composting to recycle our food waste. Our food service employees have been trained to separate food and other compostable waste produced in our daily operations, and it will be picked up and recycled into compost. It is estimated that each ton of food composted decreases greenhouse gases by 1 quarter ton. It will also save dollars spent on garbage pick-up. We are hoping to convert to eco-friendly disposables, and extend our recycling efforts to

HIM Incomplete Records Area on the 4th Floor

Your Incomplete Medical Records are available on the 4th floor, just left off the elevator. The Physician area on the 4th floor has been expanded, additional computers with access for Physicians have been installed, and there are snacks available. You can request that your records be delivered to the Physician Lounge during HIMs normal business hours with a 2-hour notice.

Regular business hours are:

Sunday: 4pm-12:30am

Monday through Thursday: 5am-12:30am

Friday: 5am-4:30pm

Please Call Extension 4390.

Stevens Foundation

Dr. Art Castagno and Dr. Ella Doo have resigned from the Board of Trustees of the Stevens Foundation.

On behalf of the Stevens Foundation and Stevens Hospital we thank Art and Ella for the fantastic and tireless effort they put forth to secure the future of the Stevens Foundation. The two of them were early and strong advocates for the Foundation, helping to construct a strong Board with a terrific and diverse combination of Board Members.

Under their leadership the history of the previous Foundation was explored and steps were taken to insure a clear mission and vision for the Stevens Foundation well into the future. Today that mission is to forge relationships and raise funds to advance our community hospital as the major provider of healthcare in South Snohomish County.

Under their tenure the Foundation was able to raise \$250,000 to bring Digital Mammography to Stevens.

Additionally, in 2007 over \$83,000 dollars was provided in operations support and purchases of capital equipment to the Hospital. Over the last two years, the Foundation staff was able to invite the community to participate in four signature special events: Teatro ZinZanni 2007 & 2008 and the Do Good Classic 2007 & 2008.

Art and Ella donated their time and their resources generously. They were, in large part, responsible for generating enthusiasm for the internal staff campaign; also know as the Foundation Ambassadors or the Piggy Banks. Ella assures us that they will be available to help on committees and lend support as needed. We are grateful for that commitment.

Please join us in thanking them and wishing them well!

Sincerely,
The Stevens Foundation Board of Trustees and Staff

Day Surgery Extends Its Hours

Starting November 3rd, Day Surgery will be open from 5:30am – 11:30pm, Monday through Friday.

Our Charge Nurse, Catherine Davis, RN will be available Monday through Friday from 3:00pm-11:00pm. She comes from our ER department with a high level of expertise in ambulatory services. Our new unit secretary, Trista Gilbert, will be available from 3:00pm- 11:00pm. Trista is new to our organization and brings to us a great attitude and experience.

Other nurses who will be sharing the 3:00pm- 11:00pm shift are two of our current staff, Joy Cole and Denise Hartinger, both wonderful to work with. We have established a great crew for our new shift and we are looking forward to this much needed change and its future progress.

If you have any questions, please do not hesitate to call me at 425.640-4065.

Thank you,
Randi Ramsey, RN
Clinical Manager

Check out the new improvements on ICU & PCU

- New flooring in both units.
- For patient and staff safety:*
- New beds and monitors.
- Lift equipment
- Full time Nurse Educator with support from Physicians.

PCU-2 & PCU-3 Coming Soon!

The second floor has been remodeled and updated to once again be used for patient rooms. This will be used as over-flow of the PCU patients on the third floor with the intention of increasing the throughput of the organization. The units will be renamed PCU 2 and PCU 3. The goal is to open 8 new beds by November 10th and proceed expanding beds as needed.

Electronic Signature Coming Soon!

Six Physicians have agreed to pilot the electronic signature program beginning the end of October. They will be able to sign all of their dictated patient reports through the internet on any PC! The program will be rolled out facility-wide following the pilot program.

Newsletter Access

Any Medical Staff member with an article or item for the newsletter should contact Jennifer Sanchez at 640.4645 or at Jsanchez@stevenshospital.org by the 30th of the month to make sure it gets in the following month.

CPDI Corner: Renal Insufficiency versus Renal Failure

Physicians may document acute renal insufficiency or pre-renal azotemia for acute renal failure but the Centers for Medicare and Medicaid Services (CMS) does not consider these conditions interchangeable. ICD-9 break down the three disease processes as follows:

Acute Renal Insufficiency: 585.9—Chronic kidney disease.

Pre-renal Azotemia: 788.9—Symptom involving the urinary system.

Acute Renal Failure: 584.9—Acute renal failure.

Of the three only one, acute renal failure, is considered a MCC. Chronic kidney disease stage 4-5 is considered a CC, but stages 1-3 are not. Pre-renal azotemia is considered a symptom code by CMS.

Coding of these disorders is dependent on the specificity of physician documentation. If the physician sees that creatinine rises 0.5%

more than the patient's normal level or the glomerular filtration rate reduced by 50%, these values would be consistent with failure. To reflect the true severity of illness document the cause of the acute renal failure, determine the stage of the chronic kidney disease, or if appropriate document end stage renal disease.

August 2008

Hospital Statistics

Average Daily Census	85.7
Total ER Visits	3550
Total Surgeries	387
Deliveries	106
Days of Cash	37.7

To Admit a
Patient to
Stevens, Call
425.640.4444

WELCOME New Stevens Medical Staff – September 2008

Name	Group	Specialty
Terese Kincaid, M.D.	Edmonds Family Medicine	Family Practice
Angela Sparks, M.D.	Birth & Family Clinic	Family Practice
Allison Cole, M.D.	Community Health Center-Lynnwood	Family Practice
Wendy Zerngast, M.D.	Pacific Anesthesia	Anesthesiology
Don Tran, M.D.	CellNetix Phatology	Pathology
Sally Browning, M.D.	Radia Medical Imaging	Radiology
Dawn Hastreiter, M.D.	Radia Medical Imaging	Radiology
Jill Jelacic, M.D.	Pacific Anesthesia	Anesthesiology

Upcoming Events

Save the Date!

Portrait Sessions for the Updated Physicians Directory

The sessions will be the weeks of October 27 and November 3. Jennifer Sanchez, from Physician Relations Department will be calling you starting October 21 to schedule an appointment.

Special Meeting for the Medical Staff

Thursday, November 19th is the Special Medical Staff meeting at 6:00 p.m. in the Conference Rooms on the Hospital's 4th floor.

2008 Medical Staff Holiday Dinner

Wednesday, December 3rd is the Medical Staff Holiday Dinner at 5:30 p.m. Details to follow. Stay tuned!